

Healthy mind, healthy body, happy child

Promoting our children's physical health and emotional well-being is hugely important to us and something we've always had at the heart of our school provision. This is even more important as part of our recovery from the Covid-19 lockdown periods. We have been able to recruit, as well as train existing members of our team, and we are now excited to offer a growing range of additional provision.

Morning check-ins and dedicated 'Hub' time



Every day begins with a morning check-in for all of our teams. These check-ins are an opportunity for children to share, along with their team, how they are feeling. This fosters a sense of belonging to a team, who are then able to support their friends through the day knowing if they are feeling low or anxious, but also sharing in any exciting news or events that may have happened.

Each team also has dedicated 'Hub' sessions once a week, with Mrs Jarvis, who is part of our well-being team. These sessions give more focussed time for each team to discuss their feelings and resolve any concerns and worries. This is also an opportunity for the children to learn about our values and ethos, developing their life-skills.

We also have a dedicated team of Well-being mentors, Mrs Bryant, Mrs Spivey and Mrs Ingle, who support children across school. This may be developing strategies to deal with behaviours, confidence, bereavements/loss support, transition and much more. The Well-being team work closely with children and families as directed by Mrs Clay and Mrs Chalk.

PE and Physical Activity

During PE lessons at Braeburn we strive to ensure that pupils are taught the importance of physical, social and mental well-being to enable them to become rounded individuals.

We also seek and welcome PE provision from external providers within the local community, such as Scarborough Netball Club, Scarborough Rugby Club and Local Community Cricket organisers.

Miss Collier, our PE, Sport and Activity leader, oversees the development of these additional opportunities for our children.



Active lunchtimes

We now have a well established group of play leaders. Children in our upper classes can apply for, and be trained as, lunchtime play leaders under the supervision of Miss Collier. They do a fantastic job promoting play and fun activities. These roles will be regularly re-distributed to ensure all children have this opportunity to develop their leadership and communication skills.

After School Clubs

Through the skills and expertise of our own staff and that of outside agencies, we offer a widening the range of After School Clubs. From Box2beFit to ChromeZone and after school swimming sessions. These clubs have been attended by over 250 children so far this year and we know how much the children enjoy the variety of clubs on offer.

Outdoor education

We have an Outdoor and Adventurous Activity scheme of work built into our curriculum timetable. OAA incorporates fun outdoor activities with multiple cross curricular links throughout. Activities such as shelter making, fire lighting as well as bird box making and crafty creations in the great outdoors with Mr Armstrong. Being a coastal school, our next step is to build more links and develop beach and surf schools as well as other outdoor learning opportunities in our amazing school grounds.



Swimming



All of our pupils at Braeburn swim from Year 1, right through to Year 6. These sessions are delivered by our own swimming teacher, Miss Parry. We are now starting to see a large percentage of pupils leave us in Year 6 water confident and improving their swimming skills. We also offer before and after school swimming lessons along with after school water polo clubs. These clubs are extremely popular with our children!

Cook School

Cook School is now up and running. All of our children (Reception to Year 6), in small groups, have timetabled sessions within the school day with Mrs Adams and Mrs Oxley where they prepare, make and enjoy a range of different foods, where possible linked to their class topics. I'm sure all children will benefit greatly from these sessions.

Early Language Professional

We also have an Early Language Specialist, Miss Spivey, who works to support the communication and language development in our Early Years classes. Miss Spivey also runs supportive workshops for parents which have received great feedback.

We are passionate about providing the best possible opportunities for our children and always welcome further suggestions on how we can further improve this offer.

Best wishes



Mr T Jolly
Headteacher