



## Personal Development - Intent

### Braeburn Primary Academy's purpose :

To develop and inspire children to become young people with self-belief who are fully equipped with skills, knowledge and experiences which enable them to thrive in the ever-changing demands which the future will hold.

At Braeburn Primary and Nursery Academy, we believe that personal development is a key building block for success and a fundamental part in a child's learning and development. The intent of our Personal Development curriculum is for it to be accessible to all and for it to maximise the outcomes for every child so that they know more, remember more and understand more. We want our children to become healthy, independent and responsible members of a global community who understand how they are developing personally and socially and have the confidence to tackle many of the moral, social and cultural issues that are part of growing up.

We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community

We ensure that every member of our school knows that we are committed to supporting their physical health, safety, and emotional wellbeing throughout their journey with us. At Braeburn we promote personal wellbeing and development through a comprehensive PSHE programme called Jigsaw. PSHE (Personal, Social, Health and Economic) education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. Personal Development is a wider umbrella term which helps children build character, the knowledge here is underpinned by our core school values of Respect, Kindness, Honesty and Self Belief.

Through weekly dedicated PSHE lessons, our children take part in a well-planned and sequenced Jigsaw programme to ensure they are committing age appropriate knowledge to memory, building the foundations to grow their knowledge on. Physical and mental well-being are prioritised as much as academic achievements. Children at Braeburn are encouraged to develop their individual character, learn how to stay safe, stay healthy and develop knowledge to ensure they are well equipped for the future.

Wellbeing is truly embedded at Braeburn. We believe in giving children the skills and techniques to articulate their feelings and emotions. to be able to express their views on issues that are important to them and develop life skills that help them to be the

best person they can be. Building resilience and tolerance in our young people is an essential life skill.

Weekly delivery of HUB (Helping Us Belong) sessions for every team is a time where the children can come and learn about issues that affect them, their families, their community and the wider world. The HUB responds to challenges and opportunities which the local context presents, mapping out a bespoke provision. They will be guided and supported in their development of emotional vocabulary and articulation, in an environment that is safe and empowering.

### Braeburn's Wellbeing Team

Where children have difficulty in their day to day life, in or out of school the Wellbeing team are at hand to support. Supporting entry to school, breakfast, personalised check ins, small group interventions and 1:1 sessions to support children.

A collaboration between the wellbeing team and the SEND team, a Nurture Provision for bespoke support for our younger children who need support following a turbulent or disrupted start to life that has had an impact on their ability to learn successfully in their team.

Braeburn's nurture provision offers an accepting and affectionate atmosphere and relationships based on trust where children can learn within a positive secure setting. Growing a nurture classroom will be part of the process of growing a nurturing school which will link well with the restorative practice which is already embedded.

<https://www.duncombprimary.co.uk/learning/personal-development>

<https://www.bridgtown.staffs.sch.uk/site/data/files/policies/A5B707AD83B6255DA0206F74634B4711.pdf> =