

Braeburn's PSHE Offer

Intent

Our intent is to help equip children in developing the knowledge, skills and attributes needed to protect and enhance their well being. Through the lessons they will learn how to stay safe and healthy, build and maintain successful relationships and become active citizens. It is our aim that children will see each and everybody's value in society as well as promoting strong and positive views of themselves. It is our intent to ensure that through the PSHE curriculum, all requirements of the 2020 statutory relationships and health education are fulfilled.

Impact

When children leave Braeburn they will have developed the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect, and know when and how they can seek the support of others. They will apply their understanding of society to their everyday interactions, from the classroom to the wider community of which they are a part. They will be able to appreciate differences and diversity around them as well as have the skills to evaluate and understand their own wellbeing needs, practise self-care and contribute positively to the wellbeing of those around them..

Implementation

Through the use of Jigsaw, a spiral, progressive planned scheme of work, children are given relevant experiences to help them navigate their world and to develop positive relationships with themselves and others. Due to the spiral nature, this enables children to recall and build upon previous learning, exploring the underlying principles of PSHE education regularly at a depth that is appropriate for the age and stage of the child. Jigsaw consists of six half-term units of work and each lesson has a specific PSHE intention and an emotional literacy and social skills intention. Lessons use many approaches such as role play, discussion and games with groups of various sizes. These activities enable children to build confidence and resilience.