

Cook school at Braeburn



At Braeburn we endeavour to give all of our children as many **learning experiences** as possible. All of our teams in school currently have access to Cook School, a brand new, specially designed home economics room where children are able to access a **multitude of resources** allowing them the opportunity to approach the 'cooking and nutrition' aspect of the National Curriculum in a hands-on way.



Miss Adams and Mrs Bewick offer carefully planned, small group sessions to ensure that each one not only adheres to the National Curriculum expectations but also so that each individual can actively **access their learning in an engaging way**. Each Cook School lesson is based around each team's classroom learning and strives to promote a continued interest in each topic currently being taught.



Throughout Cook School sessions children are **encouraged to explore** new and exciting foods, some of which they may not have encountered before. In their small groups, children are given the chance to use each of their senses, including taste, to draw their own conclusions about different ingredients. **Each recipe is adapted to suit any dietary and allergy requirements.**



There are many plans for the continuation and development of Cook School so it becomes more widely available to the greater Braeburn community. Providing 'Cook School On Tour' sessions within the children's school day will allow children the opportunity to cook as a whole team and help draw the focus on working well as a team to recreate recipes and dishes. We also hope to soon be able to invite parents and carers into Cook School with their children to be able to experience it together.

