

PSHE Intent

Through our PSHE/SRE curriculum at Braeburn Primary and Nursery Academy we aim to give our pupils the life-skills that will enable them to develop the knowledge, skills and attributes they need to keep themselves healthy, safe and prepared for life and work. Giving children relevant learning experiences to help them navigate their world and to develop positive relationships with themselves and others. With a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, delivering engaging and relevant PSHE within a whole-school approach. PSHE/SRE lessons also include mindfulness allowing children to advance their emotional awareness, concentration and focus.

PRIMARY
AND NURSERY
ACADEMY

Braeburn