

MENU WEEK 1

SERVED W/C: 27th Oct | 17th Nov | 8th Dec | 19th Jan |
9th Feb | 2nd Mar | 23rd Mar | 13th Apr

THE
FOOD
EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN
MEAL



OPTION
1

Rainbow Vegetable stir
fry noodles



Cheese & Bean
Lasagne



Vegan Lentil and stuffing
pastry roll



Vegetable Bolognese with
Penne Pasta



Vegan Vegetable nuggets &
chips



OPTION
2

Ham & Cheese
Pasta

Traditional creamy beef
lasagne



Roast Gammon
& Gravy

Chicken in a katsu curry
sauce with rice



MSC Approved
Fish Fingers & Chips

VEGGIES



Carrots & Peas



Broccoli



Roasted Carrots
& Parsnips



Peas



Beans



AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET
TREATS



Blueberry
Cookie Bar



Chocolate &
Banana Brownie



Peach & Pineapple
Crumble



Apple & Cocoa
Sponge



Lemon
Shortbread



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



MENU WEEK 2

SERVED W/C: 3rd Nov | 24th Nov | 15th Dec | 5th Jan | 6th Jan |
16th Feb | 9th Mar | 30th Mar | 20th Apr

THE
FOOD
EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN
MEAL

OPTION
1

Margherita
Pizza & Wedges



Vegan Sausage with Mashed
Potatoes & Gravy



Vegan Cottage Pie



Baked Mac 'n'
Cheese



Tex-Mex Vegetable
Fajita Wrap



OPTION
2

MSC Approved
Salmon Pasta
Bake



Pork & Beef Sausage, Mashed
Potatoes & Gravy

Roast Turkey with Roast
Potatoes & Gravy

Creamy Chicken Curry,
Carrot Rice



MSC Approved Fish
Fingers & Chips

VEGGIES



Peas



Carrots
& Peas



Broccoli &
Cauliflower



Carrot &
Mixed Salad



Baked
Beans



AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET
TREATS



Strawberry
Mousse



Oaty Apple Crumble
& Custard



Original
Flapjack



Chocolate and Carrot
Muffin



Lemon Sponge
& Custard



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



MENU WEEK 3

SERVED W/C: 20th Oct | 10th Nov | 1st Dec | 22nd Dec | 12th Jan | 2nd Feb | 23rd Feb | 16th Mar | 6th Apr

THE FOOD EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

OPTION 2

VEGGIES



Quorn Dippers with
Oven Baked Wedges &
Tomato Ketchup



Vegan Bolognese Ragu
Penne Pasta



Roast Quorn Fillet with
Roast Potatoes
& Gravy



Baked Mac 'n'
Cheese



Vegan Sausage Roll
& Chips



Margherita
Pizza & Wedges



Beef Bolognese
Penne Pasta

Roast Chicken with Roast
Potatoes & Gravy

Chicken Pie with Mashed
Potatoes & Gravy

MSC Approved
Fish & Chips

Peas



Sweetcorn



Broccoli



Carrots



Beans



AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Vanilla
Shortbread



Mixed Berry & Apple Crumble
with Custard



Apple Strudel &
Custard



Gingerbread Squares
with Custard



Garden
Brownie



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat

